

ADVANCED PRAISE FOR THE BOOK

Thank You, International Coaching Science & Executive Coaching Leaders

(in alphabetical order)

“Tünde Erdős, Angelis Iglesias & colleagues with this book are inspirational in integrating research, theory and practice. I believe this is at the heart of sustaining excellent practice for clients and ensuring the sustainability of our industry. This book goes a long way in helping to chart the path of integration – thank you for such an excellent addition to the field.”

Dr. Sally Bonneywell, Executive Coach and Consultant. Former VP Coaching of GSK Coaching Centre of Excellence, International Prism Award for Global Excellence in 2016 Awardee

“The phrase “evidence-based coaching practice” has become devalued with a flood of pseudo-research in coaching. That doesn’t mean that coaching research should be reserved for academics. Academics need to be firmly rooted in the realities of coaching practice; practitioners need to be research-literate. This volume provides the foundation for this much needed dialogue to happen.”

Prof David Clutterbuck, Author, Management Thinker, Conference Speaker, Researcher, Special Ambassador European Mentoring and Coaching Council

“I’m honored to endorse this fascinating and refreshing evidence-based

research, which is a critical component of the coaching profession. It will truly validate coaching as a more evidence-based research and the book is an essential resource guide for coaching professionals and clients. Life Is Good.”

Marshall Goldsmith, New York Times #1 bestselling author of *Triggers*, *Mojo*, and *What Got You Here Won't Get You There*

“Without research participants we have no research, and without research we have no profession. Having a significant body of credible research is essential for the field of coaching. Not every coach can complete a research project, but every coach can and should participate in research. This book combines both: practitioners’ participation and credible research.”

Kerryn Griffins, Founder of ReciproCoach, International Professional Reciprocal Coaching, Mentoring and Supervision for coaches

“The future of coaching as a professional discipline will increasingly depend upon hypothesis-driven research in validating and extending the theory and practice of coaching. ...This book makes a major contribution to growing coaches’ confidence in evaluating latest coaching research with the goal of informing updating and extending evidence-based coaching practice.”

Maria Iliffe Wood, Executive Coach, Coach Supervisor, Author ‘Coaching Presence’

“I find this research truly fascinating as it will offer rich insights into coaching presence. Research is important as the coaching profession evolves and matures and both coaches and buyers of coaching are interested to know more about how coaching is done – well.”

Zsofia Juhasz, PCC, CAHRI Executive coach, coach mentor and supervisor, HR consultant, Past President – ICF Australasia Queensland Branch

“How are you, so they can be” offers deep wisdom for coaches. Wisdom

is seeing below the surface and beyond the obvious. This book does that with its disciplined research and analysis. The authors don't stop there but go on to offer insight about how coaches can evoke wisdom from clients. If you're serious about being a catalyst for change, then heed the book's wisdom."

Eric Kauffman, Executive Coach and Facilitator, Speaker, President Sagatica LLC, Author Four Virtues of a Leader, Leadership Breakdown, Fellow and Thought Leader: IOC, TEDx Speaker: Courage is NOT what you think

"One of the challenges we have found in our coach training course is to get new coaches to fully understand coaching presence. Finally there is an evidence-based work that does a deep dive on presence and lights the way for both research on the topic, and useful outcome measurement of the effects of coaching presence."

Tom Kolditz, Founding Director, Ann & John Doerr Institute for New Leaders, Rice University

"The Coaching Science Practitioner's Handbook makes a very timely and valuable contribution to the coaching profession that is, at this time, a relatively new one. The authenticity and deep inputs shared by experienced coaches is clearly visible as one absorbs the learning that they have shared. A must read for everyone who is actively engaged in the coaching world."

Krishna Kumar, Master Coach, Founder Intrad School of Executive Coaching, Past Global President International Association of Coaching

"The level of presence we bring to the conversation is a powerful determinant of the depth of the relationship formed throughout the engagement. Research such as this which highlights the significant role of coaching presence is vital. The book has a valuable contribution to make to our profession as coaches will learn about the benefits of developing their own coaching presence."

Alison Lalieu, CEO UBalancer Solutions, Leadership

Performance Expert, Executive NeuroCoach, Mentor, Facilitator, Emotional Intelligence Trainer, Advanced Practitioner Conversational Intelligence

“The future of coaching as a professional discipline will increasingly depend upon hypothesis-driven research in validating and extending the theory and practice of coaching. ...This book makes a major contribution to growing coaches’ confidence in evaluating latest coaching research with the goal of informing updating and extending evidence-based coaching practice.”

Mark Levick, BMedSc, MB (Hons), PhD, DipCoach FRCPA
Tutor in Coaching Institute of Continuing Education, University of Cambridge, CEO Alvotech

“There is need for coaching to be acknowledged as a discipline in business. For that to happen coaching needs to take a scientific route of research based on both primary (experiential) and secondary data. I believe that this book is a positive step in bringing awareness around process & methodology in coaching.”

Sanjay Modi, MBA, CEO & Founder at Gloscout.com

“Coaching practice and research are beginning to divide – with researchers fascinated by theory & practitioners ... by latest tools. We need a space where practice is driven by evidence & science ... by a desire to enhance outcomes.’How are you ..’ argues the case for science being at the heart of practice. Now is the time for ,queens to take off their crowns and look in the mirror.”

Prof Jonathan Passmore, Professor of Coaching & Behavioural Change, Director Henley Centre for Coaching & Behavioural Change Henley Business School

“For knowing how coaching works we need to know how it works to teach and apply it ... a rigorous evidence-based practice to become credible as a discipline. This book shares research and examines critical conversations that emerge to inspire coaches to participate in research.”

If you believe in coaching as a way of developing minds in this complex world, read this book! ”

Marcia Reynolds, PsyD, author of *Coach the Person, Not the Problem and The Discomfort Zone*

“This book can be a guiding star for us coaches and coaching psychologists concerning our practice. Like sports athletes, we need training and ... be reflective practitioners ... apply integrated theories and strengthen the practice-based evidence of coaching. I hope this book will inspire coaches to improve their work by integrating theory practice and research.”

Reinhard Stelter, PhD, Professor of Coaching Psychology, University of Copenhagen

“Imagine anyone understanding what a coach does as easily as they do other professions. Coaching will not advance beyond a “niche” or a “fad” without extensive scientific-based research examining and validating every aspect of our practice. This book is a call-to-action for coaches to further the scholarly advancement of the profession – and what a great call it is!”

Brian O. Underhill, Ph.D. Founder & CEO, CoachSource., Author ‘Mastering Executive Coaching’, Researcher, Keynote Speaker

*“Why am I here? What do I value? How do I define fulfillment and what is my plan for getting there? At a time when more people than ever are seeking answers to questions like these, the industry of personal and professional coaching is poised to guide us to find our own unique answers. As a coach with over 20 years’ experience and someone who has been certifying coaches since 2008, I believe *The Coaching Science Practitioner Handbook* is essential reading for anyone seeking to navigate or benefit from, this rapidly expanding profession.”*

Christy Whitman, Master Certified Coach, Healer, and Channel to the council, New York Times Best Selling Author,

Founder Quantum success coaching academy, Certified Law of Attraction Coach